



Be Responsible. Be Safe.

The crisis is not over: COVID-19 is still having a major impact on our country. While great progress has been made to date, the experience of countries that have seen a resurgence of the virus makes it clear that there is still a risk of further spread.

By working together we have saved lives and limited the impact of the disease. Continued adherence to public health advice will determine whether we continue to move forward.

The fundamentals of regular handwashing, coughing and sneezing etiquette and social distancing have never been more important.

It's in our own hands. We are still in this together.

Here are five things you should know:

 <p>Public Health Advice</p> <ul style="list-style-type: none"> Wash your hands Practice good cough & sneeze etiquette Stay 2m away from others Avoid crowds Know the symptoms 	 <p>It is a matter of personal responsibility that we limit our social interactions, continue to be constantly aware of risks, avoid complacency, and take care when meeting people.</p>	 <p>Face-coverings will be mandatory on public transport, and should also be worn in shops and any indoor places where social distancing is difficult.</p>	 <p>Reopening businesses must take necessary measures to keep their customers safe.</p> <p>Businesses must adhere strictly to the Return to Work Safely Protocol.</p> <p>Continue to work from home as much as possible.</p>	 <p>International Travel restrictions remain in place.</p> <p>A protocol for safe overseas access will be prepared to ease restrictions on travel to countries that we know have comparable COVID-19 incidence will be published by 9th July.</p>
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If you are over 70 or medically vulnerable, please use your judgement to decide how best to apply the following health guidance:

- Stay home as much as you can*
- Maintain social distancing with visitors/those whom you visit and use face coverings*
- Use the times specially allotted for shopping*
- Use face coverings when attending shops or busy public areas.*

Phase 3 – Commencing 29th June

Education/Childcare/Young People	Economic Activity & Work	Social	Cultural & Religious	Sport	Transport & Travel
<p>The following may reopen:</p> <ul style="list-style-type: none"> All adult education facilities Creches, childminding facilities and pre-schools Summer Camps Youth Clubs All indoor and outdoor amenities for children. 	<p>Continue to work from home as much as possible.</p> <p>The following may reopen:</p> <ul style="list-style-type: none"> Wellbeing services, e.g. chiropractic, massage therapy, acupuncture, reflexology and homoeopathy. Hairdressers, barbers, nail and brow salons, beauty salons, spas, make up application services, tanning, tattooing and piercing services. Driving schools. All remaining retail (e.g. bookmakers), services and commercial activities. <p>Driving tests as well as volunteer and other driving services may recommence.</p> <p>Compliance with work protocols and health guidance will be monitored by State agencies.</p>	<p>Indoor gatherings of up to 50 people when conducted in line with public health advice are permissible.</p> <p>Outdoor gatherings of up to 200 people when conducted in line with public health advice are permissible.</p> <p>The following may reopen:</p> <ul style="list-style-type: none"> Pubs and hotel bars operating as restaurants, and subject to meeting specific requirements Cafés and restaurants providing on premises food & beverages Hotels, hostels, caravan parks and holiday parks. <p>Specific recommendations apply to singing, choirs and playing musical instruments in groups.</p> <p><i>All of the above are subject to the Phases 3 and 4 restrictions on numbers for public gatherings and other important public health advice.</i></p>	<p>The following may reopen:</p> <ul style="list-style-type: none"> Museums, Galleries, Theatres, concert halls and other cultural outlets Cinemas, Music Venues (excluding nightclubs and discos), leisure facilities, bingo halls, arcades, skating rinks, amusements parks Religious Buildings and places of worship. <p>Specific guidance will apply to numbers attending religious buildings and places of worship.</p> <p><i>All of the above are subject to the Phases 3 and 4 restrictions on numbers for public gatherings and other important public health advice.</i></p>	<p>Sporting activities may gradually recommence, including:</p> <ul style="list-style-type: none"> Team leagues for adults and children Close contact sports Organised sporting spectator events and fixtures. <p>The following may reopen:</p> <ul style="list-style-type: none"> Indoor Gyms and exercise facilities Yoga, Pilates and dance studios, Sports clubs and public swimming pools. <p><i>All of the above are subject to the Phases 3 and 4 restrictions on numbers for public gatherings and other important public health advice.</i></p>	<p>Walk or Cycle if possible</p> <p>Public Transport:</p> <ul style="list-style-type: none"> Social distancing means that overall capacity remains restricted Use public transport only for essential journeys Face coverings should be worn Avoid peak-time travel. <p>International Travel:</p> <ul style="list-style-type: none"> All non-essential overseas travel should be avoided Passengers arriving from overseas are expected to self-isolate for 14 days Passengers will also have to complete a form showing where they will self-isolate. <p>Tourist travel to offshore islands may resume.</p> <p>Private Transport</p> <ul style="list-style-type: none"> Tour, event and private bus use, and vehicle hire, may recommence.

All details are now available at gov.ie/roadmap

